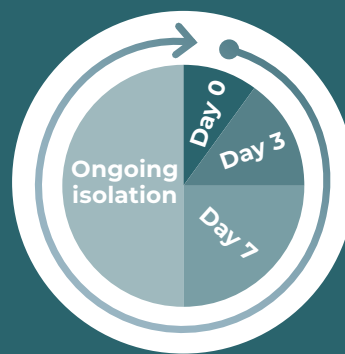


# The COVID-19 Isolation Clock



## DAY 0

- COVID positive case must isolate for 7 days.
- Household contacts must also isolate for 7 days. They must also take a RATs test on day 3 and day 7.

**Anyone who tests positive does not need to be tested again.**

### Day 0 - A PERSON IN YOUR WHĀNAU TESTS POSITIVE FOR COVID-19



Original COVID case and your whole whānau go into isolation together for 7 days.

## DAY 3

- All household contacts take a day 3 RATs test.
- Anyone who tests positive becomes a positive case and their 7 day isolation clock will restart.
- Anyone who tests negative will continue to isolate for another 7 days.

### Day 3- A SECOND PERSON IN YOUR WHĀNAU TESTS POSITIVE FOR COVID-19



**New COVID-19 positive case goes back to Day 0 and restarts their own 7 day isolation clock.**

The original COVID case and the rest of your whānau continues on the original isolation clock.

## DAY 7

- All household contacts take a day 7 RATs test.
- If all tests are negative and no one has symptoms, household contacts can be released from isolation.
- If original COVID case has no symptoms, they can be released from isolation.
- Isolation ends at the end of Day 7 (11.59pm).

**Isolation ends at the end of Day 7 (11.59pm).**

### DAY 7 - EVERYONE IN YOUR WHĀNAU EXCEPT COVID POSITIVE PEOPLE GET TESTED



All tests are negative and you have no symptoms. Everyone on original isolation clock is released from isolation at the end of day 7 (11.59pm).

## ONGOING ISOLATION

- Ongoing isolation for household contacts who test positive after original case.

**Isolation clock is different from original COVID case.**

### ONGOING ISOLATION FOR ANYONE WHO TESTS POSITIVE AFTER O.G COVID CASE



2nd COVID positive case remains in isolation and continues with their own isolation clock.

The rest of your whānau should continue to watch for symptoms and get tested if they feel sick.